



Written Detailed Goal Example

"It is now December 2015 and I am sitting in my gorgeous living room overlooking the Pacific Ocean. It is filled with modern but soft furnishings, mostly white with hints of beige. On the walls, I have various colourful pictures and artwork. I have pictures of family, my wonderful, gorgeous, adoring wife, my three beautiful, loving sons and enlightened friends, also the amazing people I have met on my journey. I have pictures of me with Jack Canfield, Oprah Winfrey, Richard Branson, and John Cusack.

My typical day includes spending time with my family in the morning and having breakfast with them, a swim and walk all together. Then I disappear to my 'enlightened' office space to work for a couple of hours, I do my mentoring and mastermind calls via webinar, catch up with essential business items, do an online radio interview, prepare for a TV show interview, whilst my wife entertains the boys!

At lunch Anna our housekeeper prepares lunch and we all sit down together to eat a nutritious and super tasty lunch. Then Anna looks after the boys for 1 – 2 hours whilst my wife and I go through our goals and businesses together, decide on what to delegate to our Personal Assistant Veronica and our IT team. Veronica handles all my travel to and from speaking events all around the world. In the afternoon (not too late) we then leave the 'home office' to take the family to the beach for a while. Then we venture back to our pool to rinse the sand off and head up to the six bed-roomed, detached beach house. We have an open plan kitchen diner that is light and spacious. The whole feel of the house is of light, space, openness and, great energy. The windows all have amazing views especially at the back where you can see over the ocean. It is an awesome space and makes us all feel happy, secure and comfortable.

We are super proud of what we have achieved and love to share it with friends, family and clients. Anna serves our dinner again today, although my wife does enjoy doing the cooking a few times during the week; it gives us extra time with the family and to focus on other items. All areas of the children's creativity and their natural talents are encouraged. They are happy, healthy balanced kids.

Incomes from our businesses bring in approximately £15-25,000 (\$20-30,000) a month net, with approximately 3 hours a day management. I love what I do, especially teaching and group mentoring so I do not really class this as work. My clients love what I assist them to achieve and I watch them as they become even greater people and make their positive mark on the world. I am proud to assist them on their journey and inspire millions of others to do the same.